Threads Dance Project presents ‘Warriors of Light’

Sage Dance Award nominee, Karen Charles, presents her company, Threads Dance Project, in its seventh season show, "Warriors of Light.

The show takes place Nov 6 and 7 at the Cowles Center for Dance and The Performing Arts, 320 Hennepin Ave, Minneapolis. Show times are 7:30 p.m. each day.

"Warriors of Light" is my second evening-length work, inspired by "Warrior of the Light: A Manual" by Paulo Coelho," said Charles. "I collaborated with Sanford Moore to create an evening of dance and live music that will inspire everyone to illuminate their inner 'Warrior of the Light' - someone who can look at the world without bitterness and be a leader that promotes positive change in the world.

"Warriors of Light" is an opportunity for Threads to connect the community through book clubs, student performances, and projects with students from three schools based on the show's themes, and at Saturday night's performance, students' creative writing submissions will be read.

Performers of the Nov 6 performance ages 11 plus are invited to a pre-show reception from 4 p.m. - 7:15 p.m. on the second floor Target Studio at The Cowles Center. A post-show discussion including ASL interpretation will take place following Friday's performance.