

Fall Session Important Dates

June 12: Early Registration Opens

July 12th: Regular Registration Period Opens

September 13th: Classes Begin

November 24-28th: Thanksgiving Break

December 18th: Last Day of Classes

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00:00 AM	Company Rehearsal	Company Rehearsal		Company Rehearsal		Creative Connections	
9:30:00 AM							
10:00:00 AM							
10:30:00 AM							
11:00:00 AM							
11:30:00 AM							
12:00:00 PM							
12:30:00 PM							
1:00:00 PM						Movements from the Motherland	
1:30:00 PM							
2:00:00 PM							
2:30:00 PM							
3:00:00 PM							
3:30:00 PM							
4:00:00 PM							
4:30:00 PM							
5:00:00 PM	Modern I	Ballet I		Ballet II	Modern II		
5:30:00 PM							
6:00:00 PM							
6:30:00 PM							
7:00:00 PM	Cont/Jazz I	Adult Ballet		Adult Modern	Cont/Jazz II	Connecting the Threads Party	
7:30:00 PM							
8:00:00 PM							

THREADS

DANCE NEXUS

Class Descriptions

Creative Connections: (SATURDAYS, 9-10AM)

This class is designed to introduce young children to the joys of movement and self-expression. Participants use movement to refine motor skills, explore rhythm through patterns and sound, and even create movement through guided play.

Modern I: (MONDAYS, 5-6:30PM)

Modern II: (FRIDAYS, 5-6:30PM)

These classes are grounded in classical modern techniques including Horton, Limon, and Graham with special emphasis given to providing age-appropriate education on the racial, physiological, and social implications and impacts of the dance form.

Ballet I: (TUESDAYS, 5-6:30PM)

Ballet II: (THURSDAYS, 5-6:30PM)

Classical ballet technique class with an emphasis on anatomical correctness and expressiveness. The class will also provide age-appropriate education meant to mitigate any racial, gendered, or emotional harm too often associated with the dance form.

Contemporary/Jazz I: (MONDAYS 7-8:30PM)

Contemporary/Jazz II: (FRIDAYS 7-8:30PM)

This class will introduce students to contemporary jazz-based techniques including contemporary, jazz, and hip-hop. Students will be challenged to develop multifaceted technique while also learning about the Black and Africanist roots of these dance styles.

Adult Ballet: (MONDAYS 7-8:30PM)

A recreational class perfect for adults of any experience level. We will cover the fundamentals of

ballet technique in an inclusive, approachable, and non-competitive atmosphere.

Adult Modern: (THURSDAYS 7-8:30PM)

A recreational class perfect for adults of any experience level. We will explore the basics of various modern dance techniques focusing on alignment, mobility, and expression.

Movements from the Motherland:

(SATURDAYS, 1:30-3:00PM)

This class focuses on the fusion of African-based movements with Modern dance techniques and is designed to connect movers of all ages to the rhythms within them.

"Connecting the Threads" Dance Party*:

(LAST SATURDAYS*, 7-8PM)

Monthly gatherings designed to build the community through dance and music. Participants will learn various social dance styles such as "The Hustle" or other line dances in a festive, improvisational, and social atmosphere appropriate for all ages.